



# MIDDLESEX MAGNET SCHOOL BREAKFAST MENU

## OCTOBER 2024

**TUESDAY,  
WEDNESDAY &  
THURSDAYS**  
WE OFFER FRUIT  
YOGURT OF THE  
DAY

**DAILY SERVED:**  
ASSORTED  
CEREALS  
POPTARTS &  
BAGELS

**COME  
JUMPSTART  
YOUR DAY  
WITH A FREE  
BREAKFAST**

**Powering  
potential.**

| MON  | TUES   | WED  | THURS  | FRI   |
|--|--|--|--|---|
| 30<br>Double<br>Chocolate Chip<br>Muffin   | 1<br>Kaiser Roll w/<br>Butter<br>Blueberry               | 2<br>Banana<br>Chocolate<br>Benefit Bar                                      | 3<br>Vanilla<br>Glazed Donut                             | 4<br>Bagel w/ Butter<br>& Cream<br>Cheese     |
| 7<br>Banana<br>Muffin                      | 8<br>French Toast<br>Sticks w/<br>Syrup                  | 9<br>Scrambled<br>Eggs w/<br>Chicken<br>Sausage &<br>Cheese<br>Toasted Bread | 10<br>Cinnamon<br>Sugar Donut                            | 11<br>Sausage, Egg &<br>Cheese on a<br>Bagel  |
| 14<br>Double<br>Chocolate Chip<br>Muffin   | 15<br>Mini Confetti<br>Pancakes w/<br>Syrup              | 16<br>Kaiser Roll w/<br>Egg  | 17<br>Bacon, Egg &<br>Cheese Donut<br>Melt               | 18<br>Mixed Berry<br>Scone                    |
| 21<br>Oatmeal Choco<br>Chip Benefit<br>Bar | 22<br>Egg, Turkey<br>Sausage &<br>Cheese Biscuit<br>Melt | 23<br>Powdered<br>Sugar Donut  | 24<br>Scrambled<br>Eggs w/<br>Cheese &<br>Bacon<br>Toast | 25<br>Pancakes w/<br>Syrup                    |
| 28<br>Sausage &<br>Cheese Biscuit          | 29<br>Double Choco<br>Chip Muffin                        | 30<br>Scrambled Egg<br>w/ Sausage &<br>Cheese<br>Toast                       | 31<br>Vanilla Glazed<br>Donut                            | 1<br>Turkey Sausage<br>& Cheese Bagel<br>Melt |

Menus are subject to change.

All Breakfast Must Include  
Choice of: Fruits or a Juice  
And May Include:

1% Low-Fat, Skim, or Chocolate Milk

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.

